





# Smokefree Sports Cymru - Compliance Guide

Good communication will help ensure this policy works within your club. If parents/spectators are aware of the smokefree policy they are less likely to smoke.

If someone is smoking, approach them politely and ask if they are aware of the ban, explain the policy and let them know where they can and cannot smoke. If a smoker does not wish to comply that's unfortunate but okay. Your club is still smokefree even if a small number choose to smoke even when they are not allowed. Over time, a cultural change will happen.



## How to approach someone smoking at your club?

-  Be friendly
-  Ask if they are aware of the policy
-  Most will put out their cigarette or politely leave to smoke elsewhere
-  If you approach someone who is dismissive or aggressive walk away, the long-term cultural change in the club will mean this behaviour is the exception rather than the rule

## Example of approaching someone smoking

**“Hi, I just wanted to let you know we are a smokefree club, and we ask everyone to smoke outside the grounds.”**

**OR**

**“Hi, not sure if you know but we are a smokefree club. If you want to smoke could you please go outside the grounds?”**

## FREE STOP SMOKING SUPPORT



Visit [helpmequit.wales](http://helpmequit.wales)  
or text **HMQ** to **80818**.  
**0800 085 2219**