

ILLEGAL TOBACCO

**DIM ESGUS.
BYTH.
NO IFS.
NO BUTTS.**

ash wales
cymru
action on smoking and health

If they are cheap – they are most likely illegal!

If you don't know already, illegal tobacco comes in a few different forms:

- Genuine products that have been smuggled to avoid tax
- Individual cigarettes not in packaging
- Fake versions of genuine brands
- Foreign brands



So what's the big deal?

- Smoking is harmful to your body full stop. We're talking cancer, lung disease and heart disease... oh and death
- Say goodbye to your money if you get hooked. Say goodbye to holidays, better phones, or new clothes
- Your hair and clothes will stink, your teeth and hands will turn yellow. Gum disease isn't cute
- You could lose future jobs, or you could struggle to even get a job when you smoke

Spotting illegal tobacco can be difficult, but look out for:

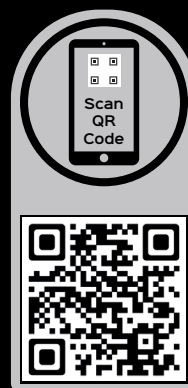
- Cheap prices
- Lack of health warnings
- Foreign languages on the packaging
- Sold in unlicensed shops, private homes, pubs and clubs or advertised on social media



How can I stop it? Report it.

**> Report it Anonymously at
noif-nobutts.co.uk**

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**Need help to
quit smoking?**

Visit ash.wales



1 in 2 smokers will die from smoking. It doesn't matter if the cigarettes are legal or not.

TYBACO ANGHYFREITHLON

Os ydyn nhw'n rhad - maen nhw'n
fwy na thebyg yn anghyfreithlon!

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Os nad ydych chi'n gwybod yn barod, mae tybaco
anghyfreithlon yn dod mewn ychydig o wahanol ffurfiau:

- Cynhyrchion dilys sydd wedi'u smyglo i osgoi treth
- Sigarennau unigol nad ydynt mewn pecynnau
- Fersiynau ffug o frandiau dilys
- Brandiau tramor



Felly, beth yw'r broblem fawr?

- Mae ysmegu yn niweidiol i atalnod llawn eich corff. Rydyn ni'n siarad am ganser, clefyd yr ysgyfaint a chlefyd y galon... a marwolaeth
- Ffarweliwch â'ch arian os cewch eich gwirioni. Ffarwelio â gwyliau, ffonau gwell, neu ddillad newydd
- Bydd eich gwallt a'ch dillad yn drewi, a'ch dannedd a'ch dwylo'n troi'n felyn. Nid yw clefyd y deintgig yn giwt
- Gallech golli swyddi yn y dyfodol, neu gallech gael trafferth hyd yn oed cael swydd pan fyddwch yn ysmegu



Gall fod yn anodd dod o hyd i dybaco anghyfreithlon, ond
cadwch olwg am:

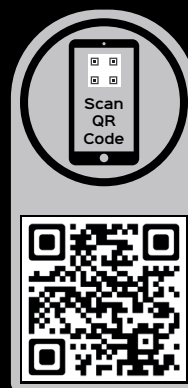
- Prisiau rhad
- Diffyg rhybuddion iechyd
- leithoedd tramor ar y pecyn
- Wedi'i werthu mewn siopau didrwydded, cartrefi preifat, tafarndai a chlybiau neu'n cael eu hysbysebu ar gyfryngau cymdeithasol



Sut alla i ei atal? Rho wybod.

> Rhowch wybod amdano yn
ddienw yn dimesgus-byth.co.uk

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Angen help i
roi'r gorau i
ysmygu?

Ewch i
ash.wales



Bydd 1 o bob 2 ysmegwr yn marw o ysmegu. Nid oes ots a yw'r sigarêts yn gyfreithlon neu ddim.