



### WHAT'S BEING SERVED?

The truth about nicotine products and their hidden risks



## What is Malicition?

Addiction happens when someone craves something so much that **they can't stop**—even when it's harmful. It can take over their thoughts, feelings, and choices.





# Meet Sneaky Nicotine

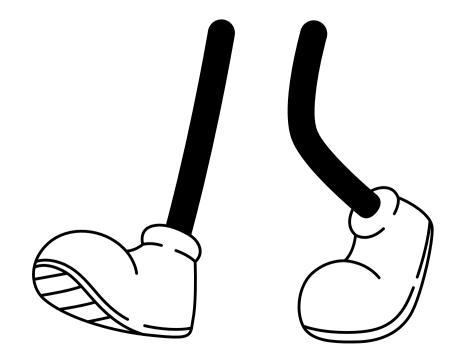
Nicotine is a chemical found in tobacco plants. It's **highly addictive**, which means it makes people want to use it **again and again**.



### **ACTIVITY**

## What Do You Think?

How might someone who is addicted to nicotine feel and behave?



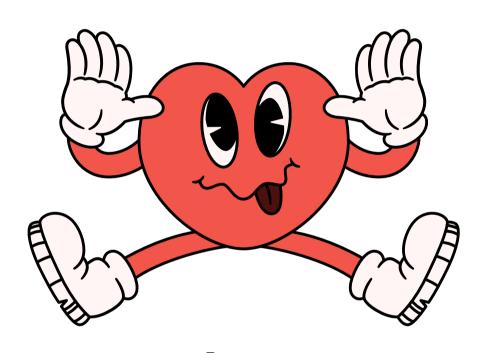
### Meetine Ultharawal

Anxiety and restlessness

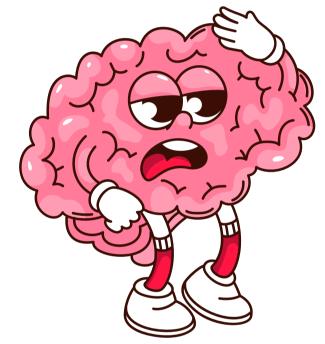
Trouble concentrating
Increased appetite
Insomnia



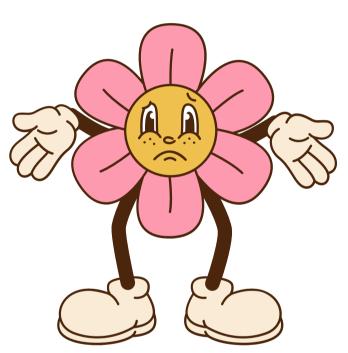
### What Does Meetine Do?



Speeds up your heart and raises your blood pressure.



It **tricks your brain** into wanting more, even if it's harming your body.



Anxiety, mood swings, and health problems over time.



## What products have Meatine?













### **GROUP TASK**

## Create a Menu

Design a Healthy Menu with items that are good for your brain and body

### OR

Create your own "Menu of Addiction," highlighting harmful things people become addicted to



A feast of nicotine guaranteed to get you coming back for more!

Experience this smokeless and vapourless menace! Small and discreet, these fresh pouches sit between your gum and cheek, delivering a satisfying nicotine hit in "stealth" mode. Available in high strengths, minty and fruity flavours. Take your nicotine anywhere—in class, at work, on the bus or while scoring a goal!

Served with: A side of nausea, mouth sores, gum irritation, anxiety and nicotine addiction.

Prepare for a trendy trap! Fewer toxins than cigarettes, no lingering tobacco smell and very affordable, vapes are a popular choice for anyone who loves cool colours, snazzy shapes and fruity flavours designed to suit any palate.

Served with: A dash of shortness of breath, headaches, nausea, dry mouth and throat, and the mental health challenges that come from nicotine dependency.

Craving a cannabis-like chill? We've got a surprise for you! This isn't a regular vape—this one's laced with SPICE, a synthetic concoction marketed to look like cannabis but hiding a chaotic cocktail of chemicals. Dark horse of the vape world, served from your local ice cream van. Order at your own risk – actual ingredients may differ to those advertised.

Served with: Seizures, chest pains, paranoia, and psychosis—an experience you won't forget.

Brace yourself for this modern twist on tobacco! No ash and less smell—these devices heat processed tobacco leaf rather than burning it, offering users real tobacco without smoke.

Served with: Increased risk of chronic respiratory, cardiovascular diseases and some cancers. Links to increased heart rate and blood pressure after use and could cause harm to the b



Soon

### Who are Big Tobacco?



Big Tobacco = Giant companies that sell nicotine products.



They make millions by keeping people addicted.



They target young people to become lifelong customers.



## How They Target Wow?













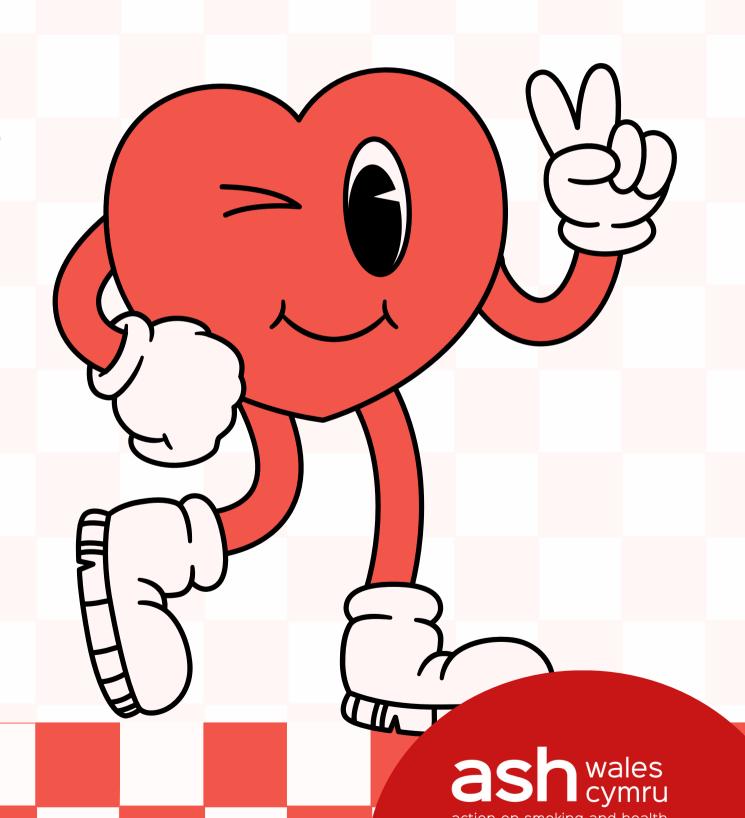
### Can You Spot The Difference



### **GROUP TASK**

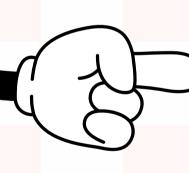
## Why I won't start

- Brainstorm 5 reasons why you'd say "NO" to nicotine.
- Turn your reasons into a creative poster with drawings, slogans, or symbols.
- Share your ideas with the group!



# Allegal Tobacco





Cheap products sold without ID checks.

Can contain even more harmful chemicals.

Fuels criminal activity and hurts young people.



## How To Know If It's Illegal?

- It's super cheap If the price seems too good to be true, it probably is.
- It doesn't have health warnings Legal products must have warnings like "Smoking kills" or "Contains nicotine."
- It has strange packaging If it looks fake, has no brand name, or uses weird fonts and colors, it could be illegal.
- The seller doesn't ask for ID If someone sells it to you without checking your age, they're breaking the law.
- It's sold in odd places Like a van, a car boot sale, or under the counter in a shop.





## DIMESGUS. NO IFS. BYTH. NO BUTTS.

Nolfs-Nobutts.co.uk - report underage sales, illegal vapes and illegal cigarettes

