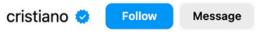


charlic

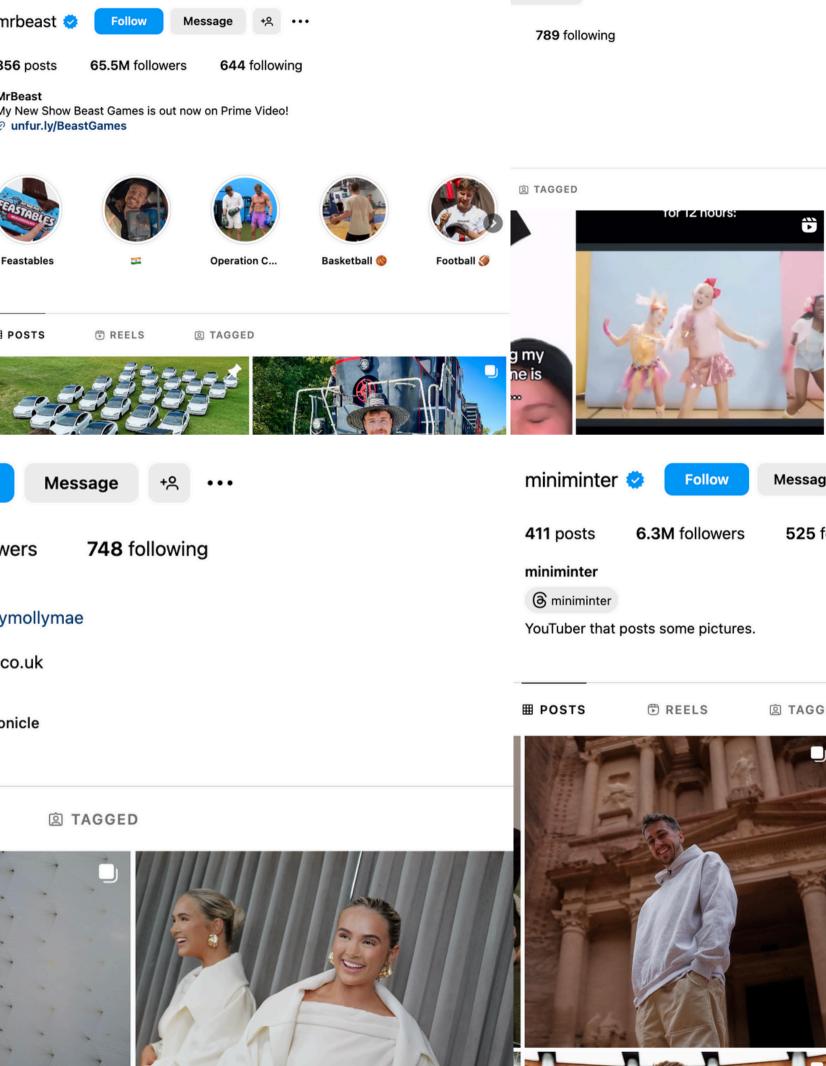
charli @andjuli @ dame





648M followers





B POSTS

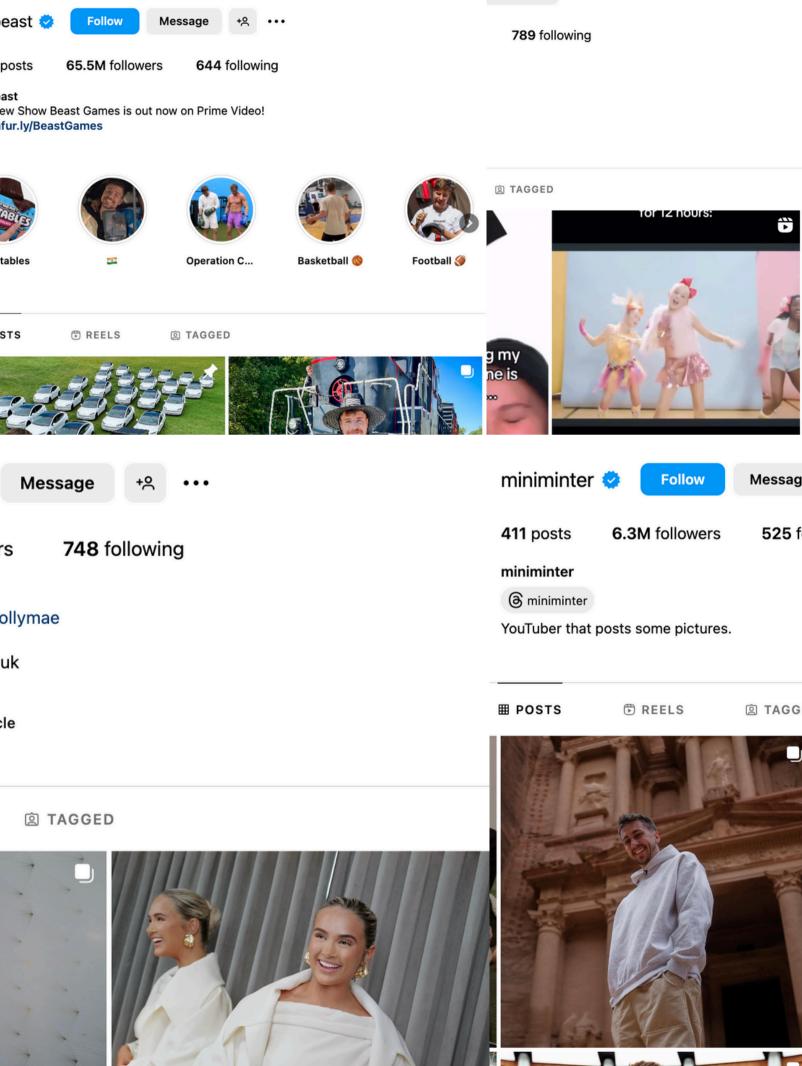




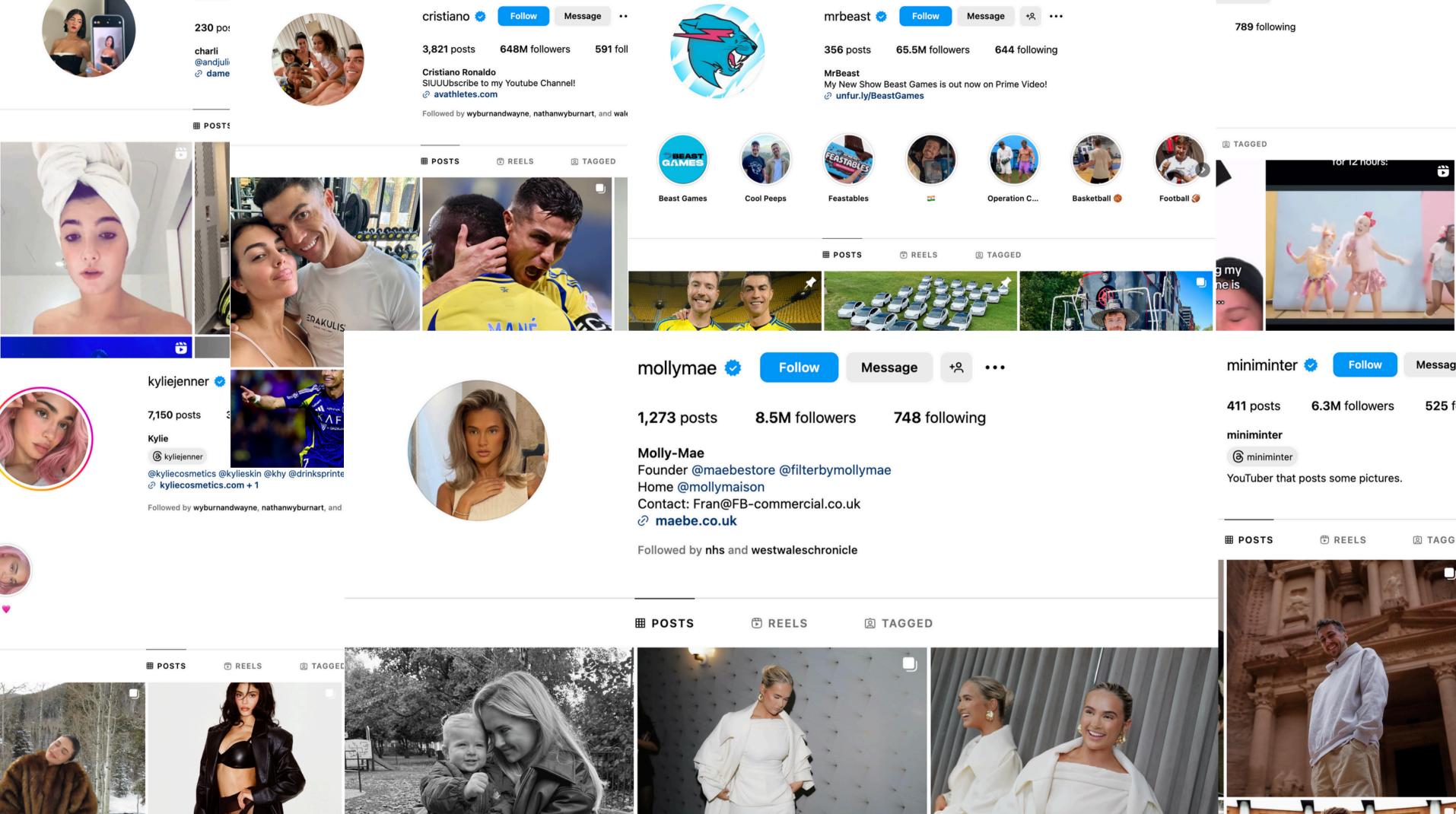


mollymae 😒	Follow	Messag
1,273 posts	8.5M followers 7	
Molly-Mae Founder @maebes		nollymae





Message •••









08:20 PM

5G ...I ..II 20% 💭

nic-oh-time 🧇 🗸



38M 3.2B 1 Posts Followers Following

Nic-Oh

I'm not going anywhere... and neither are you 😔

Facebook profile and 1 other link Ð

## **Edit Profile**

**Share Profile** 

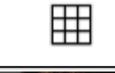


Vibes

24/7

CHILL













Â

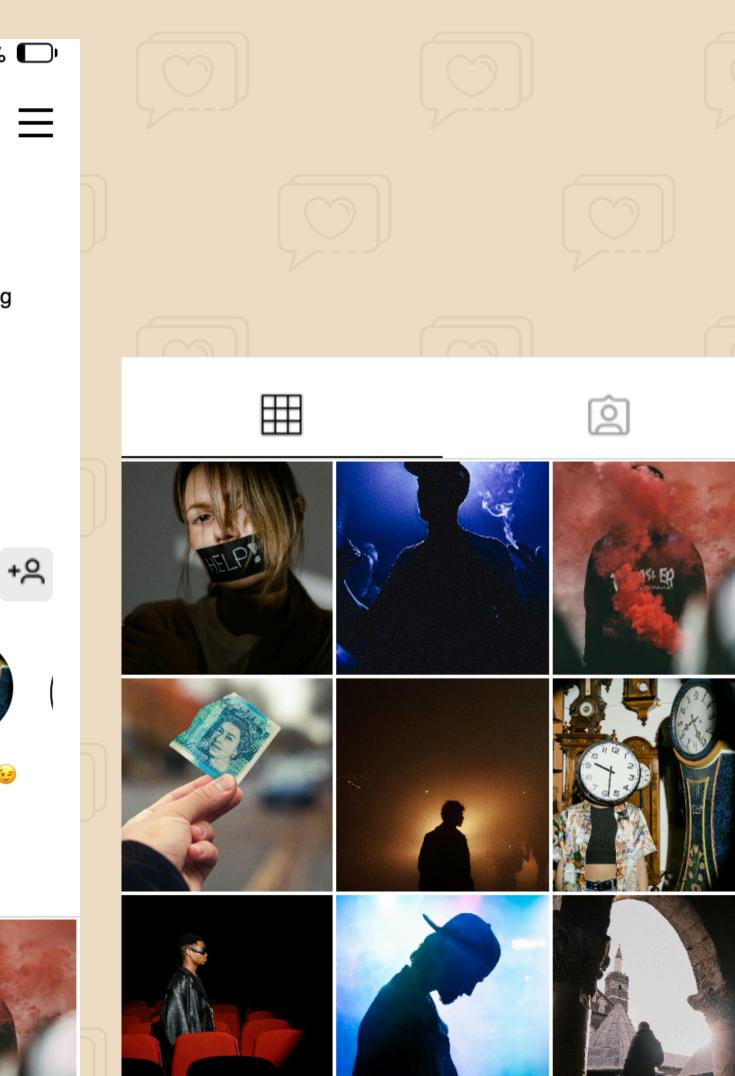


## The Influencer

**Everyone Knows** 

MEET

NIC-OH







330,596 likes Nic-Oh Just me and you 😊 ... more View all 330,596 comments

Clarissaa Always there when I need a break 💛 FroggyFeet42 my ride or die 🔥

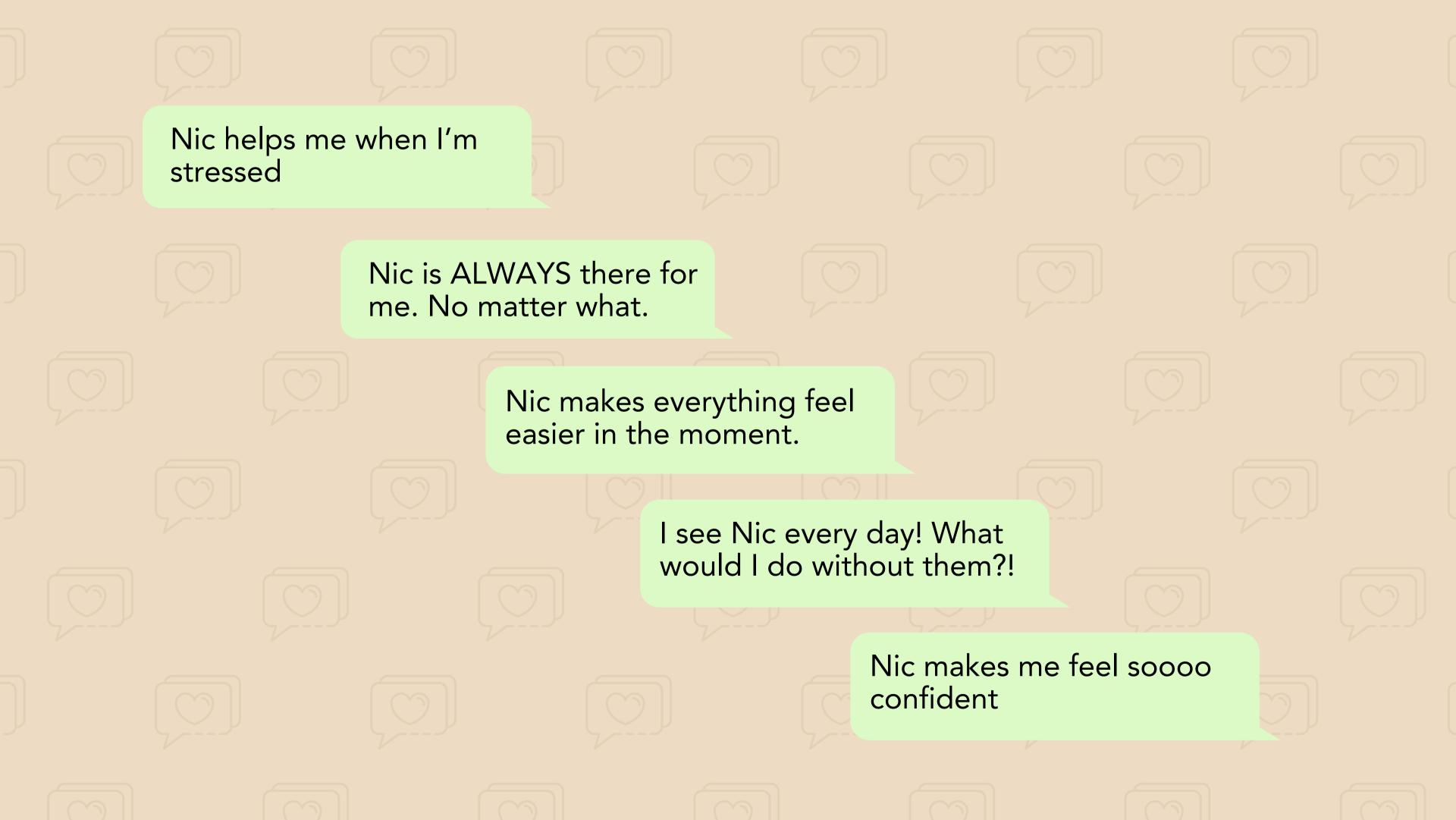


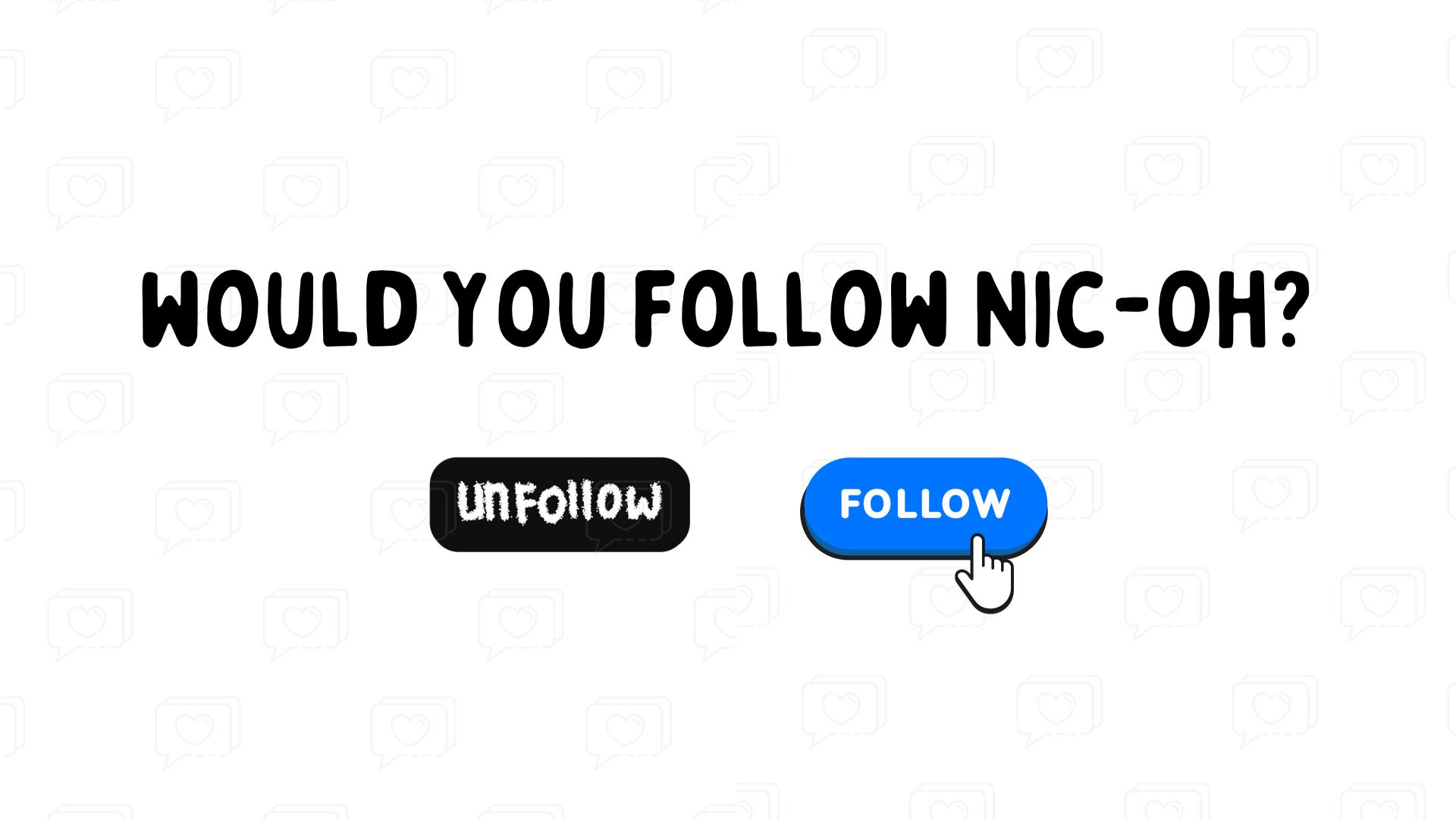
927,323 likes Nic-Oh Aways here when you need me 😘 ... more View all 121,220 comments

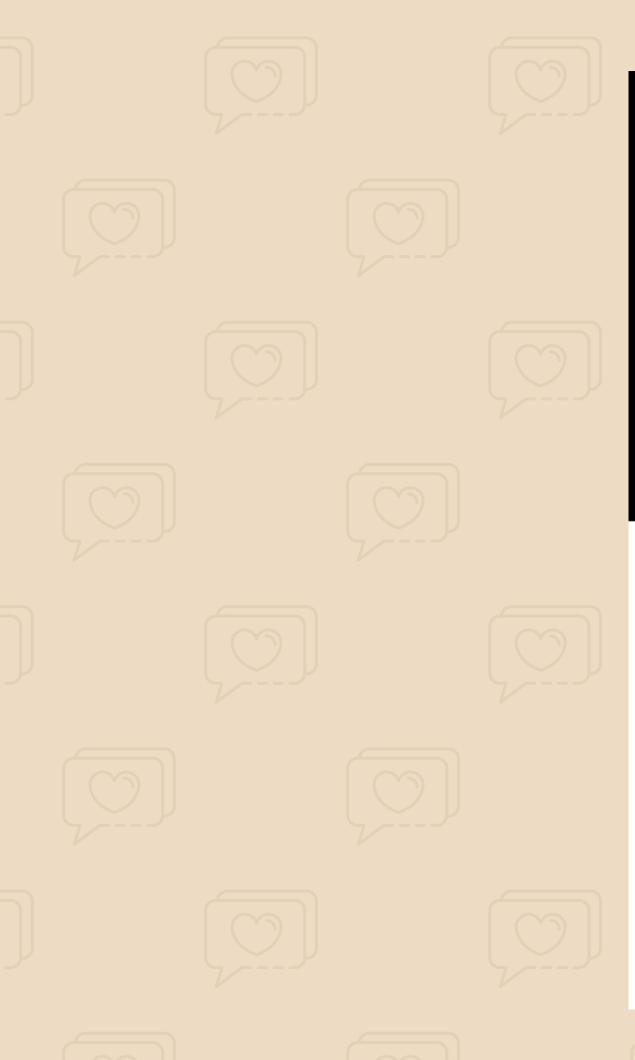
**PixelPiper** Only thing that gets me through the day NGL 🤢 **EchoInTime** Fr always got my back no matter what.













## $\heartsuit \bigcirc \checkmark$

## 83,232 likes

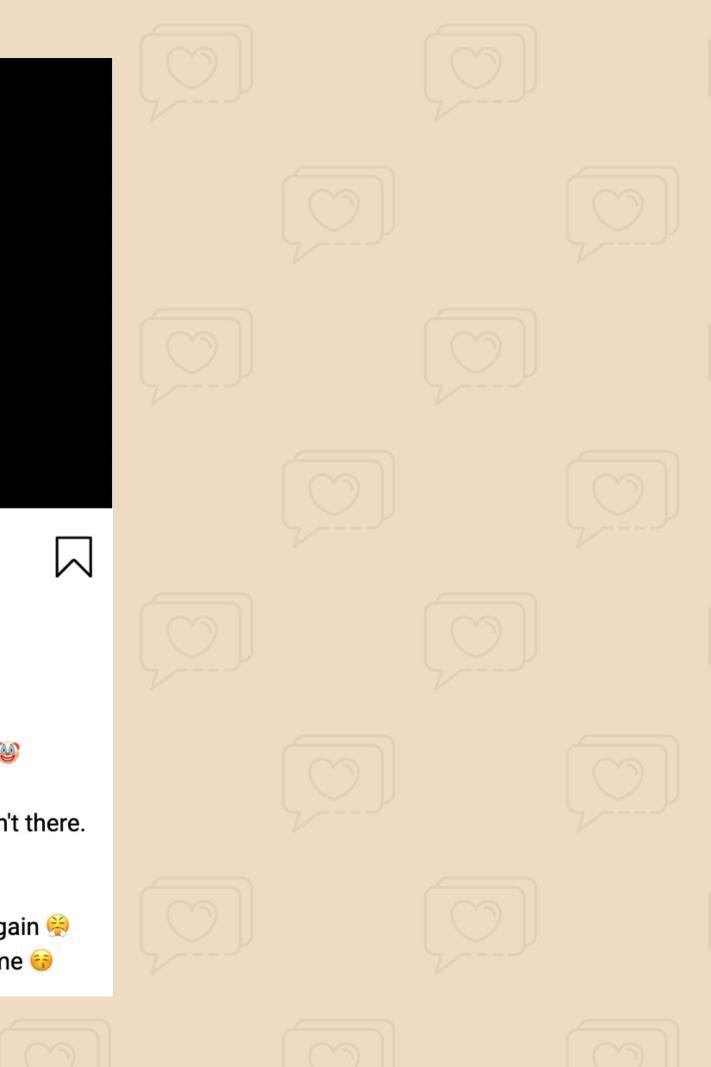
Nic-Oh They had fun... but you had me. 💣 ... more

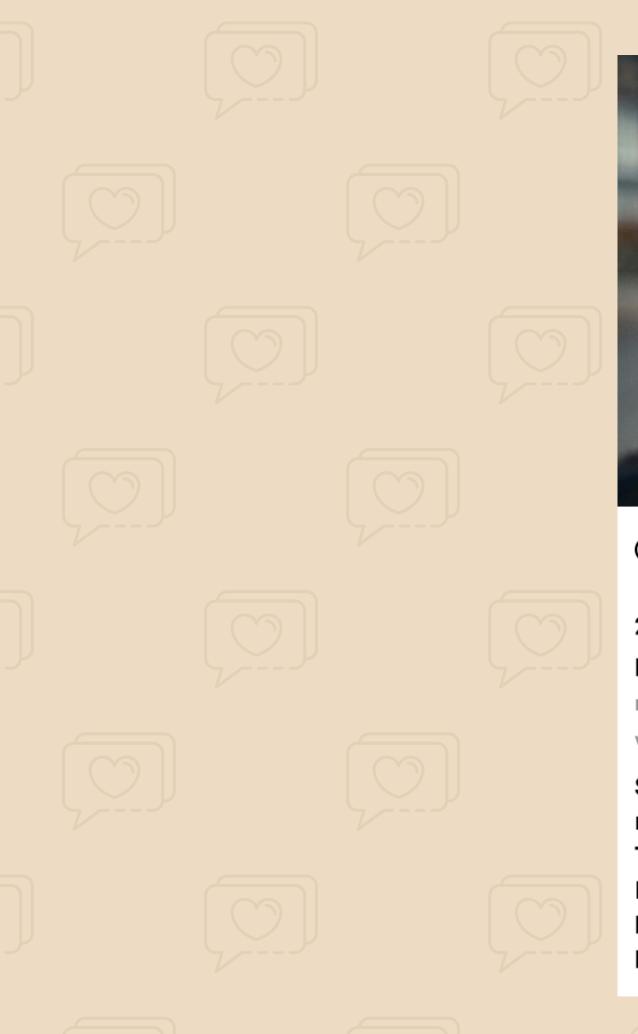
View all 45,344 comments

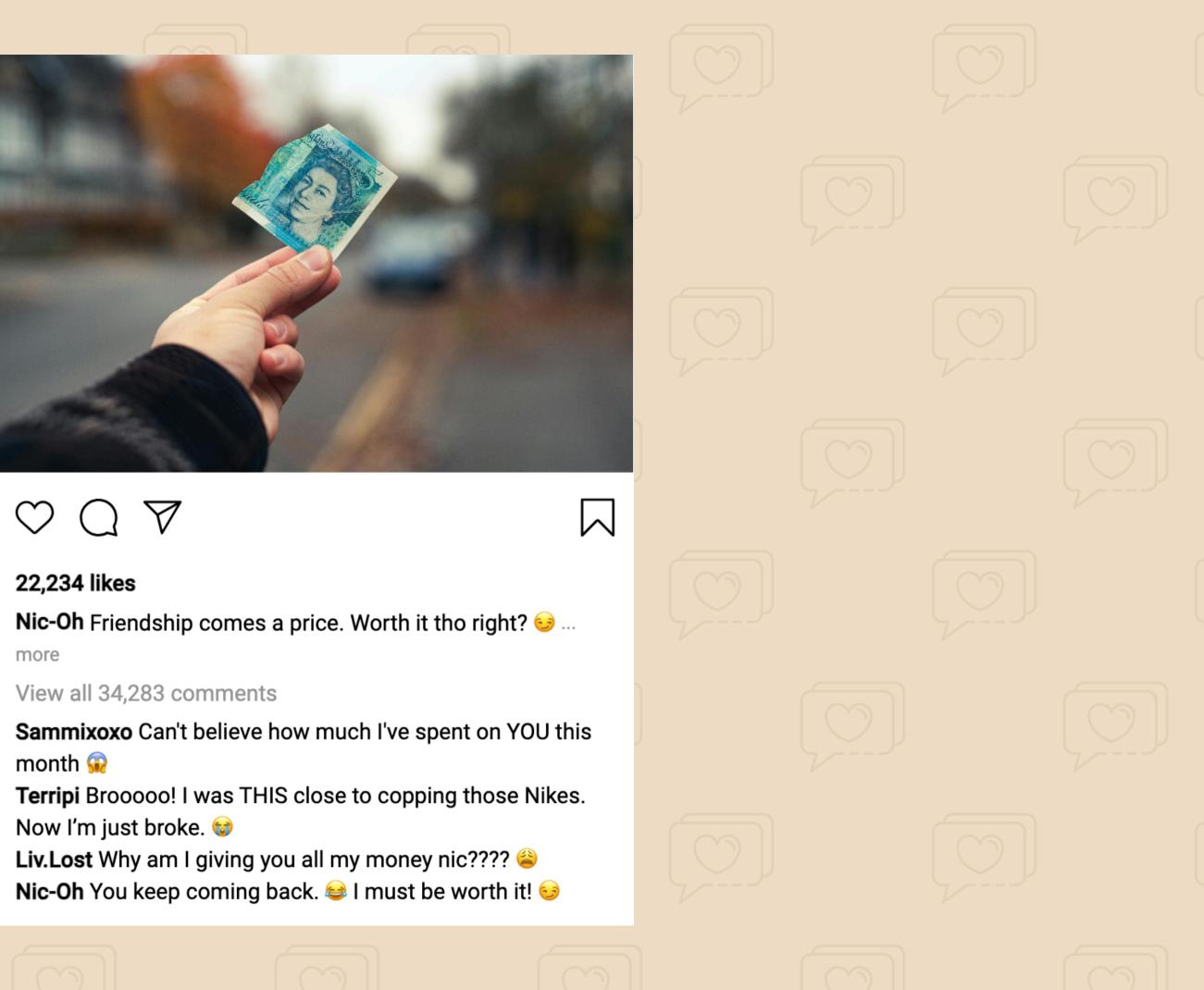
**Jays4Days** Lowkey starting to feel like I got played. We Missed the end of the film AGAIN

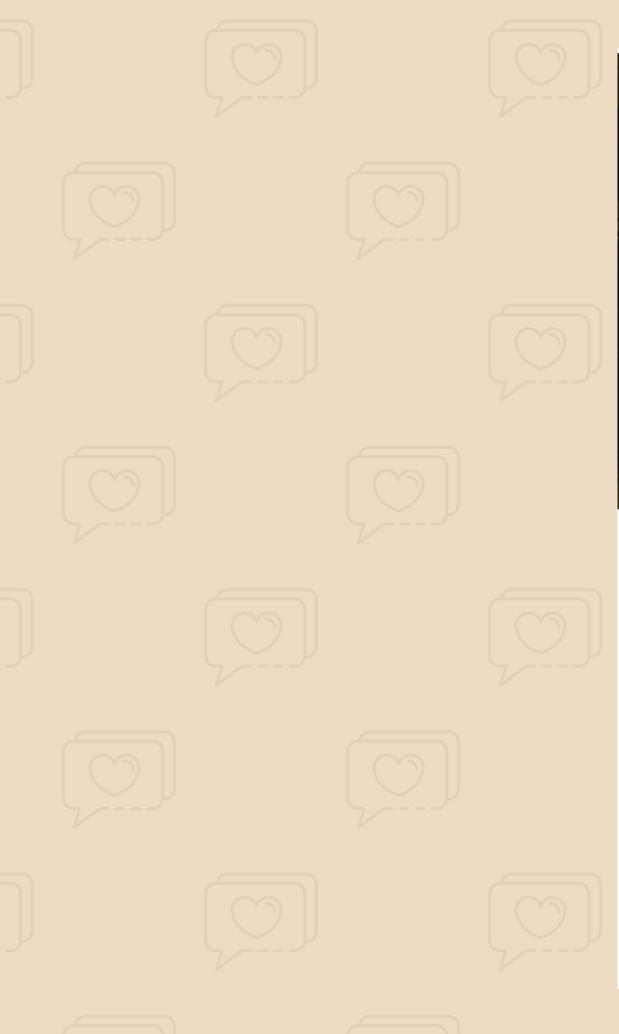
**TinkyB** Ugghh everyone is talking about it and I wasn't there. Embarrassing 😔

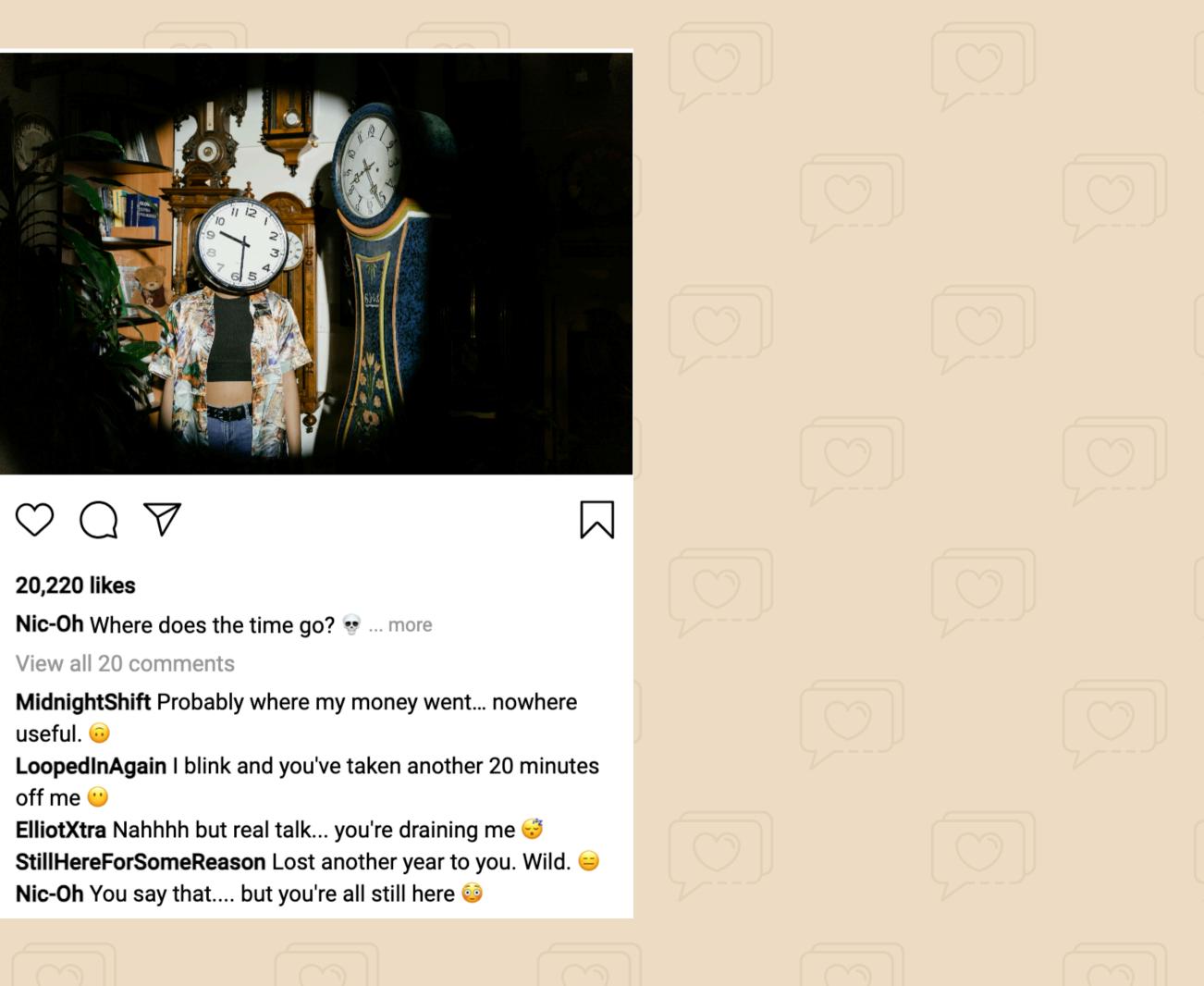
Jonotothemoon Missed the winning goal for this 😂 SianRo SO ANNOYING you made me step outside again 🔗 Nic-Oh Chill Sian! Send a DM sounds like you need me 😔











Noooo you're taking too much money from me!!

I don't even want to be here •• but I can't leave.

> I swear I felt better before I met you, but now I just feel drained all the time...

I missed so much because of you. 😔

Didn't I unfollow you?

My friends literally hate me being around you.









## Nic-Oh: You keep saying you'll leave... but you never do. We both know why.













# WHO IS NIC-OH?

Nic-Oh is an addiction. Nicotine.



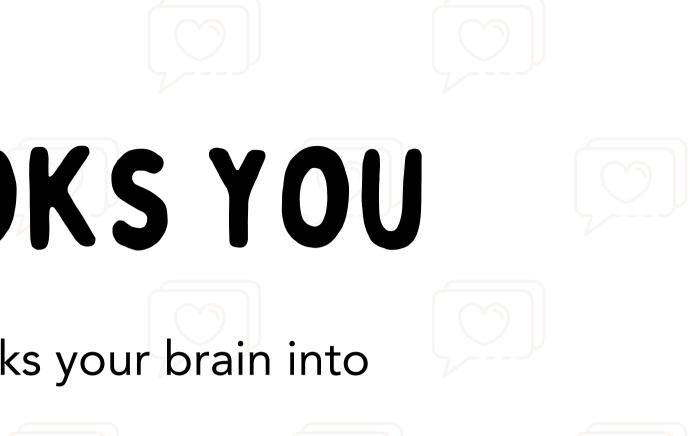






## HOW NIC-OH HOOKS YOU

- Nicotine is the ultimate influencer—it tricks your brain into thinking you need it.
- It hijacks your brain's reward system, making you crave more, even when you don't want to.
- It convinces you that quitting is impossible—but that's just the addiction talking.
- It makes you feel like life is better with it, but in reality? It keeps you hooked.
- You don't follow Nicotine—Nicotine follows you.







# SIDE EFFECTS OF NIC-OH?

Mental Health: Anxiety, irritability, insomnia, restlessness.

Financial Impact: Spending money that could go toward things that matter.

Social Life: Missing out, stepping away from friends, feeling excluded.





Physical Health: Tired all the time, feeling drained, struggling to focus

# ash wales cymru

action on smoking and health



For more information on smoking or vaping visit: ash.wales