

# NOTICE

What pressure is showing up?

# SAY

What could I actually say?

# EXIT

How could I leave or change the moment?

# WITH

Who could help me or come with me?

**PRESSURE**

**GO ON,  
JUST TRY IT**



**PRESSURE**

**DON'T BE  
BORING.**



**PRESSURE**

**EVERYONE'  
IS DOING IT**



**PRESSURE**

**IT'S ONLY  
ONCE**



**PRESSURE**

**NO ONE  
WILL KNOW.**



**PRESSURE**

**IT HELPS  
YOU CHILL.**



**PRESSURE**

**GROUP CHAT  
MAKES VAPING  
LOOK COOL**



**PRESSURE**

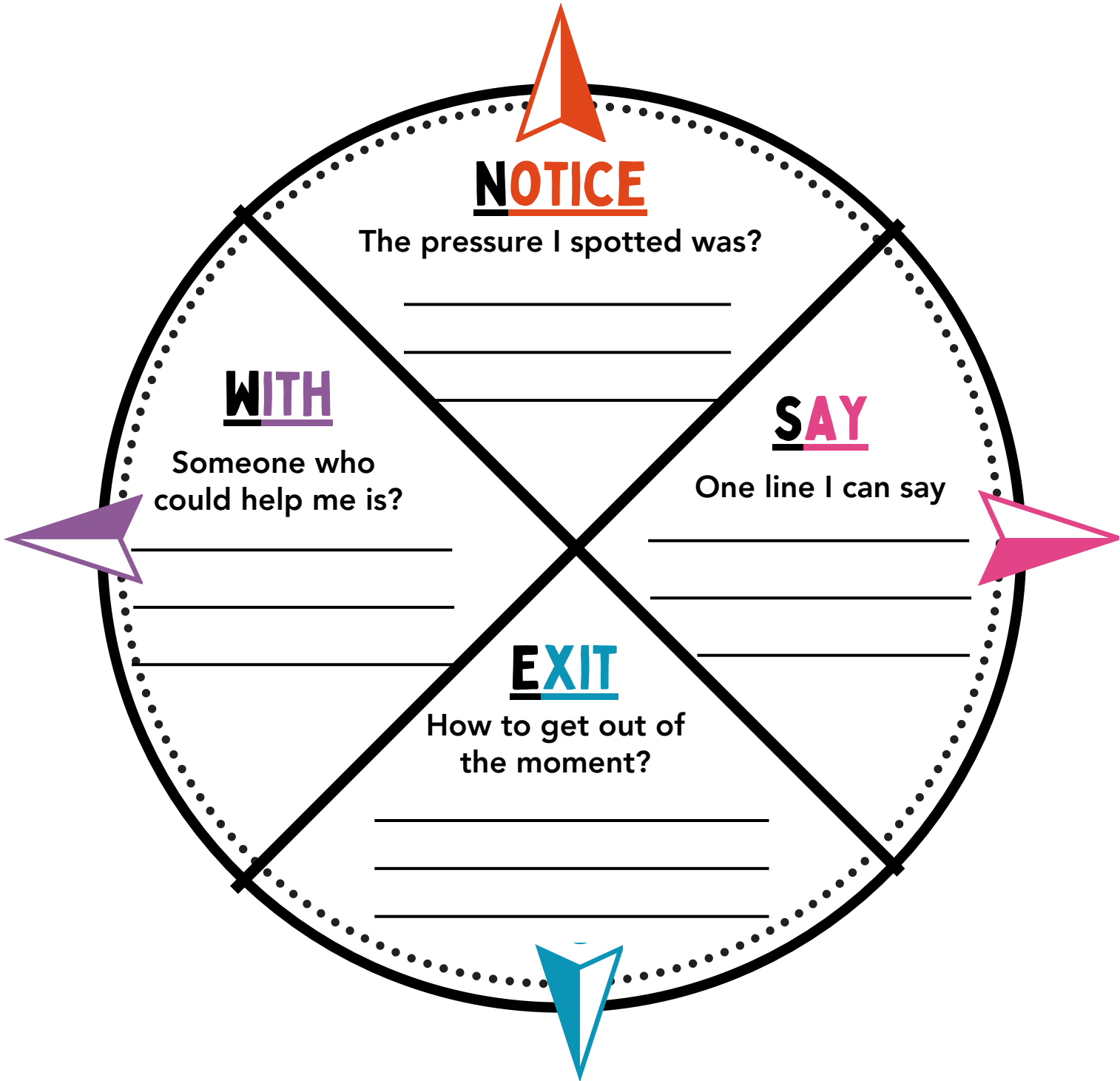
**VAPE LOOKS  
FUN, SWEET &  
HARMLESS.**



**PRESSURE**

**SOMEONE FEELS  
LEFT OUT AND  
WANTS TO FIT IN.**





**WHEN PRESSURE SHOWS UP, I CAN...**

**SAY**

**I'M GOOD.**

**SAY**

**NOT  
FOR ME.**

**SAY**

**I'LL PASS.**

**SAY**

**NO  
THANKS.**

**SAY**

**NAH, NOT  
MY THING.**

**SAY**

**I'M NOT  
RISKING IT.**

**SAY**

**WHY ARE YOU  
BOTHERED?**

**SAY**

**I'M SAVING  
MY MONEY.**

**SAY**

**I DON'T  
WANT TO.**

**EXIT**

**CHANGE THE  
SUBJECT.**

**EXIT**

**MOVE TO  
ANOTHER  
GROUP.**

**EXIT**

**GO AND GET  
A DRINK.**

**EXIT**

**CHANGE THE  
SUBJECT.**

**EXIT**

**MOVE TO  
ANOTHER  
GROUP.**

**EXIT**

**GO AND GET  
A DRINK.**

**EXIT**

**SAY YOU  
NEED THE  
TOILET.**

**EXIT**

**WALK AWAY  
WITH A FRIEND.**

**EXIT**

**PUT YOUR  
PHONE AWAY.**

**WITH**

**A FRIEND.**

**WITH**

**AN OLDER  
YOUNG  
PERSON.**

**WITH**

**A YOUTH  
WORKER**

**WITH**

**A TEACHER.**

**WITH**

**A PARENT OR  
CARER.**

**WITH**

**SOMEONE WHO  
WOULD LEAVE  
WITH ME.**